

## Vitality Youth Health Examination Items & Information NT\$ 12,000

Items	Examination Items	Woman	Male	Information
General Examination	Height, Body Weight, Body Temperature, Pulse Rate, Respiratory Rate, Blood Pressure, Waistline	☆	☆	Basic body function analysis.
	Body Fat Composition	☆	☆	(1) Degree of obesity. (2) Body fat, muscle, body fluid ratio, etc.
	Physical Examination(including head and neck, respiratory system, cardiovascular system, digestive system, nervous system, musculoskeletal system and skin)	☆	☆	General physical analysis. To detect signs of disease and anatomical abnormalities.
	Body Mass Index	☆	☆	A numerical computation regarding height and weight.
Ophthalmology	Ophthalmological Examination	☆	☆	Check fundus, eyelids, conjunctiva, cornea, and pupils.
	Visual Acuity(including intraocular pressure)	☆	☆	Check visual acuity, color blindness, and eyeball pressure.
ENT	ENT (Ear, Nose, and Throat) Examination	☆	☆	Check external ear, ear canal, eardrum, nasal cavity nasal septum, tonsil, pharynx, and larynx. Check for infection, tumor, deviated nasal septum, and nasal polyp, etc.
Pulmonary Function	※Chest x-ray and lateral view of chest x-ray are not sensitive to lesions in some areas and small lesions in lung. Low dose CT examination could increase the sensitivity of lung cancer detection.			
	Chest X-Ray, PA View	☆	☆	Pulmonary TB, pneumonia, pleural effusion, bronchiectasis, emphysema, cardiomegaly, lung tumor.
	【肺功能檢查】Pulmonary Function Tests			
	Forced Vital Capacity		☆	Lung function, vital capacity, pulmonary ventilation volume, expiratory flow rate, obstructive pulmonary diseases, and restrictive pulmonary diseases.
	Forced Expiratory Volume in One Second		☆	
	Forced Expiratory Flow 25-75%		☆	
	Peak Expiratory Flow Rate		☆	
Gynecologic Examination	Sonography of Uterus, Ovary, and Adnexal Structures	☆		Check for presence of uterine, ovarian and adnexal abnormalities.
	Pap Smear	☆		Evaluate cervicitis, cervical erosion, and cervical cancer.
Breast Examination	Breast Examination (Palpation)	☆		Palpate breast tissue to detect and define breast masses.
Cardiovascular System	Resting ECG (or EKG)	☆	☆	To detect : (1) Cardiac arrhythmia (2) Cardiomegaly (3) Myocardial ischemia (4) Conduction defect
	【心血管病變危險因子檢驗】Cardiovascular Risk Factors			
	Triglyceride	☆	☆	(1)Hyperlipidemia (2)Atherosclerosis (3)Cardiovascular risk factors (4)Evaluate vascular inflammation
	Total Cholesterol	☆	☆	
	High-Density Lipoprotein Cholesterol	☆	☆	
	Low-Density Lipoprotein Cholesterol	☆	☆	
	Total Cholesterol to HDL Ratio	☆	☆	
	High Sensitivity C-Reactive Protein	☆	☆	
	Homocysteine	☆	☆	
Digest System	Abdominal Sonography: Liver, Gallbladder, Kidneys, Pancreas, Spleen, Portal Vein	☆	☆	Diseases and structural abnormalities of liver, gallbladder, kidneys, pancreas and spleen.
	Fecal Occult Blood	☆	☆	Screening test for colon cancer.
Liver System	【肝臟功能檢驗】Liver Function			
	Total Protein	☆	☆	Check for disease of liver and biliary tract, hepatitis, abnormal liver function, liver cirrhosis, etc.
	Albumin	☆	☆	
	Albumin Globulin Ratio	☆	☆	
	Globulin	☆	☆	
	Direct Bilirubin	☆	☆	
	Total Bilirubin	☆	☆	
	Alkaline Phosphatase	☆	☆	
	Serum Glutamic Oxaloacetic Transaminase	☆	☆	
	Serum Glutamate Pyruvate Transaminase	☆	☆	
	Gamma Glutamyl Transpeptidase	☆	☆	
	Serology			
	HBsAg	☆	☆	Hepatitis B (HBV) carrier status.
	Anti-HBs	☆	☆	Immunity to HBV.
	Anti-HCV	☆	☆	Hepatitis C carrier status.

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Endocrine and Metabolic System	<b>Diabetes Tests</b>			
	AC Sugar	☆	☆	A survey for diabetes mellitus and hypoglycemia.
	Hemoglobin A1c	☆	☆	To show the average level of blood sugar over the previous 3 months.
	<b>【 甲状腺功能檢驗 】 Thyroid Function</b>			
	Free Thyroxine	☆	☆	Hyperthyroidism Hypothyroidism
	Thyroid-Stimulating Hormone	☆	☆	
Skeletal System	Lateral cervical spine X-ray	☆	☆	Evaluate the Lateral cervical spine structure and disease.
	Lumbar Spine X-Ray	☆	☆	Evaluate the L-spine structure and disease.
	Abdominal X-Ray	☆	☆	Evaluate the bony struture and soft tissue of abdomen.
Tumor Markers Screening	※Tumor markers may be used to help detect cancer. However, in order to confirm the diagnosis, other examination is necessary such as endoscopy, sonography, MRI, CT, PET, etc; Abnormal tumor marker level could occur in non-neoplastic diseases.			
	Alpha-Fetoprotein	☆	☆	Liver tumor, reproductive organ tumor.
	Carcinoembryonic Antigen	☆	☆	Digestive system tumors, lung cancer, etc.
	Prostate Specific Antigen (Applicable to Male)		☆	Prostate tumor.
	Cancer Antigen 125 (Applicable to Female)	☆		Ovarian tumor and other female reproductive system tumor.
	Cancer Antigen 19-9		☆	Pancreatic tumor and intra- abdominal organ tumors.
Urinary System	<b>【 腎臟功能檢驗 】 Renal Function</b>			
	Blood Urea Nitrogen	☆	☆	Evaluation of renal funtion.
	Creatinine-Serum	☆	☆	To evaluate renal function, and to detect renal failure, uremia, etc.
	Uric Acid	☆	☆	To detect hyperuricemia.
	Estimated Glomerular Filtration Rate	☆	☆	
	Microalbumin-Urine	☆	☆	
	Creatinine-Urine	☆	☆	To detect early signs of kidney damage.
	Microalbumin / Creatinine-Urine Ratio	☆	☆	
	<b>Urinalysis</b>			
	Appearance	☆	☆	
Blood Routine	Sspecific Gravity, pH Value, Urobilinogen, Protein, Glucose, Ketone Body, Bilirubin, Occult Blood, WBC, Nitrite	☆	☆	(1) Proteinuria, nephrotic syndrome, (2) Urinary tract infection, (3) Diabetes, jaundice, (4) Hematuria, urinary tract stone, etc.
	Sediment: RBCs, WBCs, Epithelial Cells, Casts	☆	☆	
	White Blood Cell	☆	☆	
	WBC Differential Count	☆	☆	
	Red Blood Cell	☆	☆	
	Hemoglobin	☆	☆	
	Hematocrit	☆	☆	Anemia(iron-deficiency, thalassemia), coagulation functions, leukemia, other blood diseases, and bacterial infection.
	Platelet	☆	☆	
	Mean Corpuscular Volume	☆	☆	
Medical Consultation	Mean Corpuscular Hemoglobin	☆	☆	
	Mean Corpuscular Hemoglobin Concentration	☆	☆	
	Explanation of Data	☆	☆	A certified Internist or Family Physician will analyze the data and advise accordingly.

**【 NEW Vitality Youth Packages : NT\$ 12, 000 】**

- p.s.
- 1.Value-added services : Lianan Health Management Center provides medical referrals, assistance, advisory reports, daily nutrition advisory, and other advisory services.
  - 2.Value-added services : At the examination day, We offer a set of comfortable clothing and delicious vegan meal by senior nutritionist designs
  - 3.The items of examination Package can't request replacement item or refund.However, if the physician assessment should not do this check may exempt

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